

Retirement Checklist

Making the move to a retirement community is one of the most beneficial decisions that you can make – and, for some people, also one of the most challenging. Which community is right for your personal lifestyle? Will you find long-term happiness and fulfillment? Is quality health care available?

Residential Living:

- Philosophy and programming of health improvement
- Weekly hospitality services, including housekeeping, daily dining options, maintenance services, campus security services
- A Wellness and Fitness Center with heated pool, and health-oriented programs by professional staff to support your active lifestyle
- Financially secure sponsor

Assisted Living:

- Philosophy and programming of health improvement
- Assistance with tasks of daily living while encouraging an independent way of life, with spacious apartments, appealing, nourishing meals and help as needed with medications and personal care
- 24-hour professional nursing staff on duty to monitor each resident
- Specialized care for those with memory impairments offered in a secure environment

Memory Support at The Evergreen:

- Secure environment designed specifically for those with memory issues
- Activities geared toward memory enhancement and alleviation
- Specially trained staff available 24/7
- Evergreen residents live and dine and visit with the rest of us

Skilled Nursing:

- The most intense care, available for long-term stays or short-term visits following a brief illness or surgery
- On-site Skilled Nursing accommodations offer a comfortable place for residents to recover and receive top-notch care.

It is also important to understand the policy of each retirement community on the following issues:

- How entrance fee works and refundable options
- Services included in fees
- How each level of care is provided
- For-Profit or Not-For-Profit
- Types of agreements offered
- Size of residences
- Philosophies and outlooks
- Ownership and financial stability
- History of fee increases